

Tumor-Induced Osteomalacia: An Important Cause of Adult-Onset Hypophosphatemic Osteomalacia in China: Report of 39 Cases and Review of the Literature

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ABSTRACT

Tumor-induced osteomalacia (TIO) is an acquired form of hypophosphatemia. Tumor resection leads to cure. We investigated the clinical characteristics of TIO, diagnostic methods, and course after tumor resection in Beijing, China, and compared them with 269 previous published reports of TIO. A total of 94 patients with adult-onset hypophosphatemic osteomalacia were seen over a 6-year period (January, 2004 to May, 2010) in Peking Union Medical College Hospital. After physical examination (PE), all patients underwent technetium-99m octreotide scintigraphy (⁹⁹Tc^m-OCT). Tumors were removed after localization. The results demonstrated that 46 of 94 hypophosphatemic osteomalacia patients had high uptake in ⁹⁹Tc^m-OCT imaging. Forty of them underwent tumor resection with the TIO diagnosis established in 37 patients. In 2 patients, the tumor was discovered on PE but not by ⁹⁹Tc^m-OCT. The gender distribution was equal (M/F = 19/20). Average age was 42 ± 14 years. In 35 patients (90%), the serum phosphorus concentration returned to normal in 5.5 ± 3.0 days after tumor resection. Most of the tumors (85%) were classified as phosphaturic mesenchymal tumor (PMT) or mixed connective tissue variant (PMTMCT). Recurrence of disease was suggested in 3 patients (9%). When combined with the 269 cases reported in the literature, the mean age and sex distribution were similar. The tumors were of bone (40%) and soft tissue (55%) origins, with 42% of the tumors being found in the lower extremities. In summary, TIO is an important cause of adult-onset hypophosphatemia in China. ⁹⁹Tc^m-OCT imaging successfully localized the tumor in the overwhelming majority of patients. Successful removal of tumors leads to cure in most cases, but recurrence should be sought by long-term follow-up. © 2012 American Society for Bone and Mineral Research.

KEY WORDS: TUMOR-INDUCED OSTEOMALACIA; TECHNETIUM-99M OCTREOTIDE SCINTIGRAPHY; HYPOPHOSPHATEMIA; FIBROBLAST GROWTH FACTOR-23

Received in original form September 6, 2011; revised form April 9, 2012; accepted April 11, 2012. Published online April 24, 2012.

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Additional Supporting Information may be found in the online version of this article.

Journal of Bone and Mineral Research, Vol. 27, No. 9, September 2012, pp 1967–1975

DOI: 10.1002/jbmr.1642

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Introduction

Tumor-induced osteomalacia (TIO), also known as oncogenic osteomalacia, is an acquired form of hypophosphatemia commonly associated with benign mesenchymal tumors.⁽¹⁾ Resection of the tumor leads to cure of osteomalacia. TIO is characterized clinically by bone pain and fracture, renal phosphate wasting, hypophosphatemia, low or normal serum 1,25(OH)₂D concentrations, and elevated serum alkaline phosphatase levels.⁽²⁾ Fibroblast growth factor-23 (FGF-23), a phosphatonin, has been identified as a major pathophysiological factor responsible for phosphate wasting in TIO.^(3,4) Until this time, there were only 269 cases described in the world's literature over 61 years.^(5–98)

The diagnosis of TIO can be challenging because the tumors are often small and hard to find. Bone scanning, computerized tomography (CT),⁽³⁾ magnetic resonance imaging (MRI), Indium-111 pentetate or octreotide scintigraphy, and positron emission tomography (PET) have all been employed in an effort to localize the tumor.⁽⁹⁹⁾ Using technetium-99m octreotide scintigraphy (⁹⁹Tc^m-OCT), we diagnosed 39 TIO patients after tumor surgery out of 94 patients who presented with hypophosphatemic osteomalacia. This is one of the largest cohorts reported to date.^(17,100)

Patients and Methods

Patients

From January, 2004 through May, 2010, 94 patients with adult-onset hypophosphatemic osteomalacia, without family history, were seen in the Department of Endocrinology, Peking Union Medical College Hospital, Beijing, China. These patients sought care or were referred to our institution with symptoms of fatigue, bone pain, and/or pathological fractures. Among these 94 patients, one case has previously been reported.⁽¹⁰¹⁾

Methods

After obtaining a detailed medical and family history, physical examination (PE) and ⁹⁹Tc^m-OCT were performed on all 94 patients. If a tumor mass was found on PE or high uptake was detected by ⁹⁹Tc^m-OCT, and depending upon where the lesion was found, ultrasonography(US), CT, or MRI was recommended for further localization of the tumor. After successful localization, the tumor was removed by surgery and examined by histopathology. Serum calcium, phosphorus, alkaline phosphatase (ALP), parathyroid hormone (PTH), and 1,25(OH)₂D levels were measured before surgery. Tubular maximum of phosphate/glomerular filtration rate (TMP/GFR) was calculated from the nomogram of Walton and Bijvoet.⁽¹⁰²⁾ Serum FGF-23 levels were monitored before and after tumor resection in 6 cases using an ELISA kit from Kainos Laboratories (Tokyo, Japan). The normal range in healthy controls is 10 to 50 pg/mL in our laboratory.^(101,103)

Patients were followed for an average of 27 months (3–81 months) after tumor resection.

⁹⁹Tc^m-OCT

Regional, whole-body, and single-photon emission computed tomography (SPECT)/CT (in positive cases) images were obtained at 1 and 4 hours after an intravenous injection of 350 to 400 MBq ⁹⁹Tc^m-OCT. Immediately thereafter, SPECT/CT or SPECT images of the positive location were obtained (Millennium VG, Hawkeye; GE Healthcare). SPECT data were acquired in a 128 × 128 matrix through 360-degree rotation with 64 projections. The acquisition time for each projection was 40 seconds.

Review of the literature

In addition to the cases described here, we reviewed 269 cases of TIO previously reported in the English literature.^(5–98) We searched for all original and review articles in PubMed without restriction to dates. The search terms we used were "Tumor induced osteomalacia" and "oncogenic osteomalacia." Patient's age and sex, tumor location and histological type, and serum FGF-23 levels before and after surgery were tabulated. Tumor histological type was based upon the original description or as revised. Case reports describing the finding of phosphaturic mesenchymal tumors (PMT), but without biochemical evidence of TIO, or cases in which the tumor was not localized, precluding a definitive diagnosis of TIO, were excluded. Cases reported more than once were counted only once. Cases of TIO associated with hematologic malignancies, polyostotic fibrous dysplasia of bone, neurofibromatosis, and prostate cancer have been described as TIO-like syndromes,⁽¹⁰⁴⁾ but strictly speaking do not meet the definition of TIO and thus were excluded in our review.

Results

A total of 94 patients (M:F = 47:47, 40 ± 13 years of age) with adult-onset hypophosphatemic osteomalacia were seen in our hospital. Forty-six of them (49%) demonstrated high uptake by ⁹⁹Tc^m-OCT scanning. Four patients (patients 1, 6, 8, and 23) had negative ⁹⁹Tc^m-OCT results 1 to 5 years before, whereas 6 patients (patients 15, 17, 22, 36, 38, and 39) had previous tumor resection at the same sites. There were no clinical differences between patients with positive or negative octreotide scans. Following successful localization by ⁹⁹Tc^m-OCT, and further localization by US, CT, or MRI, 40 subjects agreed to tumor resection. Thirty-seven patients were shown to have TIO by histological examination of the tumor. One patient showed only necrotic soft tissue and blood clots without clear delineation of a tumor. Two patients were defined as having TIO-like syndrome⁽¹⁰⁴⁾; 1 had neurofibromatosis type 1, and 1 had kidney clear cell carcinoma. These patients were excluded from the analysis. Six patients who had positive ⁹⁹Tc^m-OCT results but the visualized mass was not confirmed by US, CT, or MRI did not have surgery. For 48 patients with the negative octreotide scans, the tumor was found in 2 patients only by PE. These patients had their tumors removed (patient 9 in lower thigh, and patient 32 in lower gingiva) with alleviation of symptoms. Totally, out of the 94 patients who presented with adult-onset hypophosphatemic osteomalacia, 41% (39/94) were shown to have TIO. The general characteristics and biochemical parameters of these 39 patients are showed in Supplementary Table 1.

The 54 patients without confirmed evidence of tumor were followed and treated with oral phosphate, calcium, and calcitriol.

The general characteristics of TIO patients

The gender distribution was even (M:F = 19:20) with an average age of 42 ± 14 years (20–69 years). Their course of disease was 6.7 ± 5.3 years (1.5–28 years). Their symptoms included muscle weakness/fatigue (100%), bone pain (100%), trouble walking (100%), reduced height (25/39, 64.1%), and pathological fractures (33/39, 84.6%), primarily in the ribs, vertebral bodies, and femoral neck. By radiograph, vertebral compression fractures were verified in 29 of 39 (74.4%), pelvis deformities in 15 of 39 (38.5%), pseudofractures in 12 of 39 (30.8%) and blurred pubic symphyses in 4 of 39 (10.3%). Laboratory tests revealed the following results (mean \pm SD): serum calcium 9.3 ± 0.5 mg/dL, phosphorus 1.4 ± 0.4 mg/dL, ALP 270 ± 133 U/L, creatinine 0.8 ± 0.2 mg/dL, intact PTH 75 ± 58 pg/mL, $1,25(\text{OH})_2\text{D}$ 14.8 ± 10.4 pg/mL ($n = 29$), 24-hour urine calcium 104 ± 64 mg, 24-hour urine phosphate 720 ± 416 mg, and TMP/GFR 0.9 ± 0.4 mg/dL ($n = 26$) (Supplementary Table 1).

Fifteen patients (patients 1, 2, 8, 10, 11, 15, 16, 18, 21, 22, 26, 30, 31, 38, and 39) received oral phosphate, calcium, and vitamin D₂ or calcitriol for 1 to 22 years (median 4 years). Two patients (patients 10 and 26) had markedly elevated PTH levels (336–560 pg/mL). In patient 10, whose serum calcium was 11.3 mg/dL and serum PTH level 560 pg/mL, a parathyroid adenoma was removed, following which serum calcium and PTH levels became normal, 8.5 mg/dL and 35.3 pg/mL, respectively, whereas serum phosphate remained low. Patient 26, whose serum calcium concentration remained in the normal range, did not undergo parathyroidectomy until resection of the phosphaturic tumor.

Localization of tumors

The tumors were detected by ^{99m}Tc^m-OCT in all patients except 2 (37/39; 95%) whose tumors were discovered only by PE. In general, PE was helpful in 44% (17/39) of patients. In all cases, the localization of the tumor by PE and octreotide scan agreed with each other. Further localization by US (21/22, 95.5%), CT (24/24, 100%), or MRI (16/16, 100%) is shown in Supplementary Table 2. Localization of tumor by ^{99m}Tc^m-OCT, CT, and MRI images in patients 21, 29, and 36 are shown in Fig. 1A–F.

On the whole, 56% (22/39) of the tumors were in the lower extremities, 5% (2/39) were in the upper extremities, 3% (1/39) was in the hip, 31% (12/39) were in the head (eight in mandible and maxilla, four in nasal sinus), and 5% (2/39) were in the thorax region (Supplementary Table 2).

Histological characteristics of tumors

The tumors were found in a variety of soft tissues (67%, 26/39) and skeletal sites (33%, 13/39), and ranged from 1.0 to 7.0 cm. The majority (69%, 27/39) were characterized as PMT, with 15% (6/39) described as PMT mixed connective tissue variant (PMTMCT). In addition, there were three odontogenic fibromas, two hemangiopericytomas, and one giant cell tumor of a tendon sheath (Supplementary Table 2). Three malignant tumors (8%, 3/39) were detected, including one PMTMCT (patient 4), and two PMTs (patients 12 and 17).

Tumor resection and follow-up

After resection of the tumors, serum phosphorus levels became normal in 90% (35/39) of patients after 5.5 ± 3.0 days (2–16 days), including 2 patients (patients 12 and 17) with a malignant PMT. After lower extremity amputation, their serum phosphorus levels normalized. Serum phosphorus levels did not improve after surgery in 4 patients (patients 15, 22, 23, and 26) because their tumors were incompletely removed. Of these patients, the tumors were in the lower extremity (patient 15), foot (patient 22), elbow (patient 23), and scapula (patient 26), and were classified histopathologically as PMT.

During an average follow-up period of 27 months (3–81 months), complete symptomatic relief was achieved within 2 to 6 months. The majority (91%, 32/35) maintained a normal serum phosphorus level. In 3 patients (patients 36, 3, and 10), recurrent disease was suggested by recurrent hypophosphatemia 8, 12, and 28 months after tumor resection, respectively. Without worsening symptomatology, they were still on observation.

Serum FGF23 and phosphorus before and after tumor resection

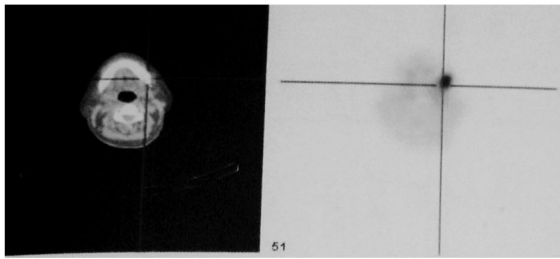
In 6 TIO patients (patients 3, 4, 10, 23, 25, and 29) who had measurements of serum FGF-23, levels were above normal (median 496 pg/mL, range 62–2979 pg/mL). In 5 patients, FGF-23 levels normalized rapidly (in 2–24 hours) after tumor resection. Serum phosphorus increased more slowly (in 2–10 days). In 1 patient (patient 23), whose tumor could not be completely removed, serum FGF-23 and phosphorus levels did not normalize (Fig. 2).

Review of the literature

The 39 patients described here were combined with the 269 cases reviewed in the literature.^(5–98) The majority of the cases were adults, with a mean age of 45 ± 16 years (range, 2–86 years). Women (47%) and men (53%) appear to be equally affected. The tumors were of bone (40%) and soft tissue (55%) origins (Fig. 1G; Supplementary Table 3). In 3% of the reports, the tumor location was not provided. A few patients (2%) were reported as having tumors in more than one site,^(46,63,68,74,83) sometimes representing metastases.^(46,74,83)

Of the tumors, 66% were histologically classified simply as PMT or as one of the 4 morphological types of PMT suggested by Weidner and Santa Cruz⁽¹⁰⁵⁾: PMTMCT; PMT, nonossifying fibroma-like; PMT, ossifying fibroma-like; and PMT, osteoblastoma-like. Forty-two percent (42%) were categorized as PMTMCT, whereas 13 patients (4%) were reported as having malignant PMT/PMTMCT. In the remaining 34% of tumors, a variety of histological types was reported such as hemangiopericytoma, hemangioma, osteosarcoma, and giant cell tumor (Supplementary Table 4).

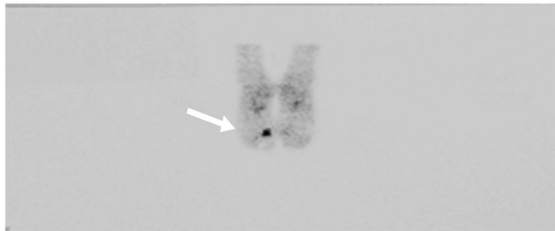
Measurements of circulating FGF-23 levels before and after surgical removal of the tumor were reported in 47 cases in the literature and measured in 6 patients in this series (Supplementary Table 5). Assays that exclusively detect the full-length FGF-23 or both the full-length FGF-23 and



Patient #29 A. ⁹⁹Tc^m-OCT



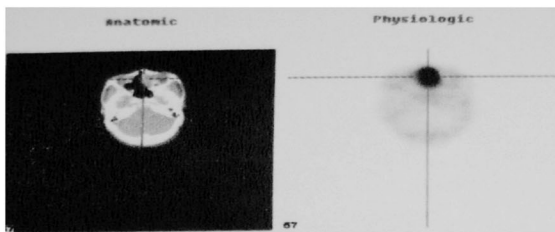
B. CT



Patient #21 C. ⁹⁹Tc^m-OCT



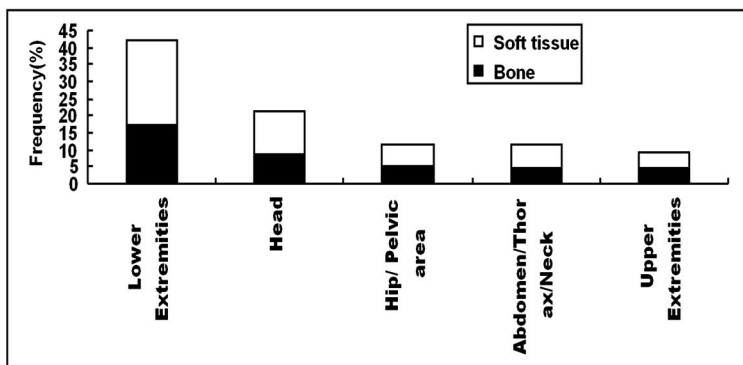
D. MRI



Patient #36 E. ⁹⁹Tc^m-OCT



F. CT



G. Frequency of tumors per region

Fig. 1. (A-G) Localization of TIO tumors.

the carboxyl-terminal fragment of FGF-23 have been used. All 53 cases with FGF-23 measurements, except 1, had elevated serum or plasma levels before tumor resection. In the majority of individuals (87%), FGF-23 concentrations fell to within, or only slightly above, the normal range after surgical removal of the tumor. Five individuals reported in the literature as having persistent disease,^(31,88,90,91) and one case in this study (patient 23) did not have reductions in FGF-23 after surgery. In one case, FGF-23 serum concentration measured 5 years after surgical resection remained above the reference range, despite normalization of the hypophosphatemia and complete resolution of the symptoms.⁽⁵⁵⁾

Discussion

Our experience in diagnosing and treating 39 cases of TIO at one medical center in China over a relatively short period of time adds to a literature that has emphasized the rarity of this condition, with most reports describing only a few cases at a time.^(17,100)

Although the biochemical manifestations of TIO are similar to those of patients with autosomal-dominant hypophosphatemic rickets (ADHR), X-linked hypophosphatemic rickets (XLH), and autosomal-recessive hypophosphatemic rickets (ARHR), TIO appears mostly in adulthood, and frequently manifests with

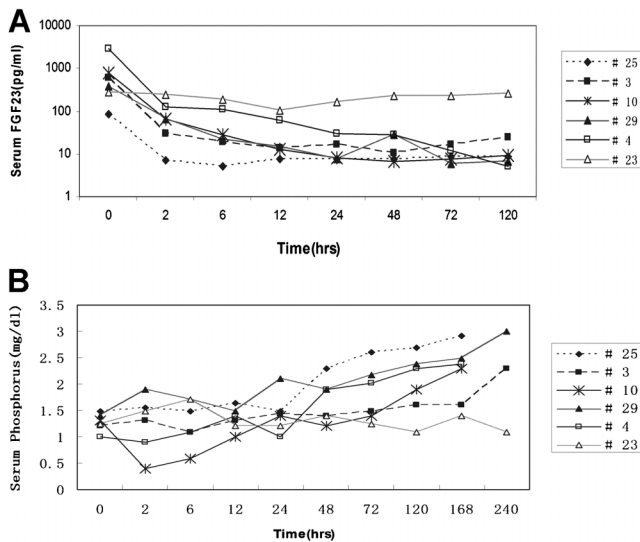


Fig. 2. Changes in serum FGF-23 and phosphorus concentrations before and after surgery in 6 TIO Chinese patients. Note: the normal range for serum FGF-23 10–50 pg/mL,^(101,103) for serum phosphorus 2.2–4.2 mg/dL.

muscle weakness/fatigue, which is virtually absent in patients with XLH.^(100,106)

Current approaches of TIO, in addition to surgical removal of the tumor, include phosphate, calcium, vitamin D, and/or calcitriol, just like the treatment in hereditary hypophosphatemic rickets. Obviously, these medical approaches do not cure the disorder and may be associated with hyperparathyroidism,^(100,107) as shown in 2 of our patients (patients 10 and 26).

Notably, one of the most challenging aspects of TIO is to find the tumor. In 1999, Nguyen and Wang⁽⁵⁷⁾ reported the first case using Indium-111 pentetreotide scintigraphy to detect a mesenchymal tumor associated with TIO. Several reports followed thereafter.^(33,108,109) In our study, we successfully used ⁹⁹Tc^m-OCT scintigraphy to locate tumors in 95% (37/39) of patients with TIO. Despite this success, it is important to note several limitations with this imaging technology. Inflammatory reactions or a fracture will be associated with a false-positive scan. This might account for 1 of our patients who had a positive ⁹⁹Tc^m-OCT scan but in whom no tumor was found at surgery. In this patient, the false-positive result might have been caused by a nonspecific uptake by the inflammatory tissue, because lymphocytes can express octreotide receptors. The possibility of a false-positive scan emphasizes the need, in many cases, to further identify the tumor by US, CT, or MRI. In recent years, there have been a few reports illustrating the application of PET in detection of tumors associated with TIO.^(27,69,98) A second limitation is that a negative octreotide scan does not rule out a diagnosis of TIO. For example, 2 patients in this series (patients 9 and 32) did not have a positive ⁹⁹Tc^m-OCT scan and 4 patients (patients 1, 6, 8, and 23) showed negative ⁹⁹Tc^m-OCT scans initially, only to be followed by positive localization when the test was repeated later. Because the tumors are usually small, and grow slowly, repeating the scan after 1 to 2 years would seem to be indicated in those whose initial scan is negative. This could

explain some of our patients in whom a tumor has not yet been identified. In those with persistently negative scans but in whom there is a high index of suspicion of TIO (ie, high levels of FGF-23, associated with adult-onset hypophosphatemic osteomalacia), the octreotide receptor subtype in the tumor might help to explain the findings. If the tumor expresses highly responsive receptor subtype 2 or 5, the scan is likely to be positive, whereas receptor subtypes 1, 3, or 4 are not usually associated with a positive scan.⁽¹⁰⁹⁾

Although successful scanning results are a key component to the definitive, surgical management of TIO, it is important to emphasize the value of the general PE (eg, patients 9 and 32). Careful questioning of the patient asking whether any “lumps and bumps” have been felt and then on PE carefully and completely feeling for tumors in areas such as the soles of the feet and the popliteal area can be very revealing.

The mean age of our patients, 42 years, is similar to a previous report.⁽¹⁰⁰⁾ The tumor was more frequently located in the lower extremities than in other places. The distribution map of these tumors in our patients is similar to previous reports (Fig. 1G; Supplementary Table 3). The histological types are varied and include the following pathologies: hemangioma, hemangiopericytoma, giant cell tumor, and osteosarcoma, from previous reports.^(5–99) Recently, PMT, furthermore, PMTMCT, has been recognized as the majority pathological category of TIO. PMTMCT is characterized by a distinctive admixture of spindle cells, osteoclast-like giant cells, microcysts, prominent blood vessels, cartilage-like matrix, and metaplastic bone. Eighty-five percent (85%, 33/39) of our TIO cases were best described as either PMTMCT or simply PMT.

Serum phosphorus levels in 10% (4/39) of our TIO patients did not increase to normal after tumor removal. As reported previously, hypophosphatemia is not likely to resolve if the tumor is not completely removed or multiple/metastatic foci are present. All these 4 patients had tumor burden either by size or inaccessible locations that could not be completely removed (patients 15, 22, 23, and 26). In 2 patients (patients 12 and 17) in whom lower-extremity amputation was necessary because of a malignant PMT, serum phosphorus levels became normal.

Despite the fact that the majority of these tumors are benign, they can recur. In 8 of our patients (patients 3, 10, 15, 17, 22, 36, 38, and 39) recurrence was seen, representing 20% of the entire population. Thus, it is important to follow these patients for years after apparent cure.

All the 6 cases reported here in whom FGF-23 levels were measured, and the majority of cases reviewed, had elevated FGF-23 levels at the time of presentation (Fig. 2; Supplementary Table 5). In 5 of our patients, rapid return of elevated FGF-23 levels to normal levels was shown (Fig. 2). The increase of serum phosphorus level follows more slowly after the FGF-23 levels normalize. A clue to successful removal of the entire tumor burden can be inferred by the return of FGF-23 levels to normal. When FGF-23 levels do not return to normal, as was the case in our patient 23 or in several cases reported in the literature,^(31,88,90,91) residual tumor is suggested.

Recent studies have implicated iron in a pathophysiological mechanism of TIO associated with FGF-23.^(110–115) Clinical and biochemical manifestations of TIO have been observed both in

the setting of parenteral iron administration^(110–113) and in association with low concentrations of serum iron.⁽¹¹⁴⁾ In wild-type mice and normal human subjects, serum iron levels are negatively correlated with circulating C-terminal FGF-23 levels, but not with intact FGF-23.^(114,115) These findings raise the possibility that in TIO and other hypophosphatemic states, iron-associated molecular mechanism of FGF-23 metabolism may be involved.

In summary, we report here success in diagnosing and managing 39 cases of TIO, suggesting that the syndrome is an important cause of adult-onset hypophosphatemic osteomalacia in China. Our experience in a single hospital adds 13% to the published repository reported since the original cases. ⁹⁹Tc^m-OCT scintigraphy is an effective method to detect the tumors that cause TIO. In cases of a negative scan, other imaging modalities can be helpful, along with repeat scintigraphy 1 to 2 years later. Successful removal of tumor leads to cure of the disease. Recurrence should be sought by long-term follow-up.

Disclosures

JPB is a consultant for Merck, Eli Lilly, NPS, Novartis, Amgen, and Radius. All of the other authors state that they have no conflicts of interest.

Acknowledgments

We are indebted to Ying-ying Hu (Department of Endocrinology, Peking Union Medical College Hospital) for the measurement of serum FGF-23.

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